



Volunteer Engagement: Snack-Packing

Help fuel Strong, Smart & Bold girls across Long Island!

Girls Inc. of Long Island invites volunteers to support our programs by providing & assembling snack packs for the 5th-12th girls we serve. These snack bags will be distributed during program sessions and are a small but impactful way to show care and encouragement to our participants.

Assemble snack packs that include 2–3 individually wrapped snacks per bag.

Ideal items include: Chips/Salty Items (e.g., Lay's, Goldfish, Takis, Pretzels), Cookies, Popcorn, Mini-candy (e.g., Hershey Kisses), other individually wrapped snacks.

Please avoid snacks with peanuts or tree nuts.

Packaging: Ziploc bags, decorated treat bags, or creative gift bags - any style is welcome!

Make It Personal: Feel free to decorate or personalize your snack packs with stickers, encouragement notes, and/or affirmations - our girls love the extra effort & appreciate creativity!

Quantity: Minimum 500 snack packs = one week of snacks for all program sites

More is always welcome: We serve 500+ girls per week & always need snacks!

Group Size & Logistics

- Project size can be scaled based on the number of volunteers
- Completed snack packs are dropped off or shipped to our office in Deer Park
- Girls Inc. staff will coordinate details with you

Ready to Pack with Purpose?

Contact: Jennifer Capella-Brown,
Development Manager at

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